



Wan Chow Yuk Fan
CIEBPR
Centre for Interdisciplinary
Evidence-based Practice and Research

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Annual Report June 2021- June 2022



香港樹仁大學
HONG KONG SHUE YAN UNIVERSITY

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CENTRE FOR INTERDISCIPLINARY EVIDENCE-BASED PRACTICE & RESEARCH

MISSION:

- To develop an interdisciplinary platform to promote evidence-based practice and research,
- To offer opportunities to academics and practitioners to gain insight, skills, and knowledge from respected academics and accomplished researchers in the design and implementation of interdisciplinary evidence-based practice and research,
- To develop expertise within the University in the areas of interdisciplinary evidence-based practice and research,
- To strengthen the provision of training and education in evidence-based practice and research at the University, and
- To establish and enhance links between the University and community partners via the joint development and implementation of evidence-based practice and research projects.



Centre Staff

Centre Directors

Director: Prof Catherine Tang So Kum
Associate Academic Vice President (Graduate School)
Distinguished Professor of Psychology

Associate Director: Dr Jason Chow Tak Sang
Assistant Professor, Department of Counselling & Psychology

Associate Director: Dr Wong Ka Ki – from June 2022
Assistant Professor, Department of Chinese Language & Literature

Assistant Director: Ms Helen Kwok Sin Hang – from June 2022
PhD student, Department of Counselling & Psychology

Research Assistants

Ms Siu Sok U, Tiffany (from 21 September 2021)

Mr Au Shek Lun, Alan (from 15 September 2021)

Mr To Yee Lap, Peter (from 23 April to 13 September 2021)

Summer Student Interns (June to August 2022)

Ms Ho Pik Yin, Alexis

Ms Lin Sui Sum, Felicity

Ms Liu Mentee, Angela

Mr Lui Wai Kin, Fiyero

Part-time Student Helpers (June to August 21)

Li Yan Tung, Jessica

Yung Chui Shan, Erica

RESEARCH CLUSTERS

Resilience and Well-being

Cluster Leaders: Dr Jason Chow and Professor Catherine Tang

Adjustment to Life Adversities

Cluster Leaders: Dr Ruth Zhou and Professor Catherine Tang

Community Health and Primary Care

Cluster Leaders: Dr Bobo Lau and Dr William Wong

Comparative Gender Research

Cluster Leaders: Dr Kacey Liu and Dr Wong Ka Ki

Consumer Behaviour and Decision-Making

Cluster Leaders: Dr Monica Law and Dr Celine Cui

Digital Practice

Cluster Leaders: Dr Steve Fong and Dr Priscilla Chung

Digital Humanities

Cluster Leaders: Dr Hui Kin Yip and Dr Wong Ka Ki

Demography and Aging Societies

Cluster Leaders: Dr Gigi Lam and Dr Flora Lau

Family and Child Development

Cluster Leaders: Ms Helen Kwok and Professor Catherine Tang



ON-GOING RESEARCH GRANTS & PROJECTS

- ❖ Exploring and Understanding Psychological Factors Related to Family Resilience in the Pandemic Period (PIs: Prof Catherine Tang & Ms Helen Kwok, Hong Kong Single Parents Association, HK\$300,000)
- ❖ Understanding How Family Caregivers of Children with Special needs Adjust to COVID-19 pandemic: Longitudinal and Multi-country Surveys (PI: Prof Catherine Tang & Ms Helen Kwok, Research Matching Grant Scheme, HK\$120,000)
- ❖ An Interdisciplinary Evidence-based Approach in Understanding Resilience Functioning to Prevent Caregiver Burden and Burnout in Families with Special Needs Children (PI: Prof Catherine Tang, Wisdom Trade (HK) Limited, HK\$1,000,000)
- ❖ A Multi-Country Cross-sectional Study Exploring Multilevel Factors of Resilience (PIs: Prof Catherine Tang & Dr Jason Chow, Research Matching Grant Scheme, HK\$200,000).
- ❖ A Cross-sectional Survey of the Mental Health Status and Quality of Life among Elderly People (PI: Dr BoBo Lau)
- ❖ Toward healthy menopause: Interdisciplinary tele health service for Hong Kong Midlife women (PIs: Prof Catherine Tang & Dr Bobo Lau, Research Matching Grant Scheme, HK\$80,000).
- ❖ Posttreatment Life Planning and Relapse Prevention: An Effectiveness Study of an Integrative Model of Vocational Life Design for Young Rehabilitated Drug Abusers (PI: Dr Ruth Zhou, Beat Drugs Fund, HK\$841,340)
- ❖ An Effectiveness Study of a Narrative Life-design Vocational Counselling Paradigm for High-functioning Youth with Psychosis (PI: Dr Ruth Zhou, FDS, HK\$986,458)
- ❖ Resilience and Post trauma growth of Wuhan residents after Pandemics (PIs: Dr Ruth Zhou & Prof Catherine Tang)
- ❖ The Mechanism of Textual Production and the Poetic Significance of the Woodblock Prints of *Selection of Tang Poetry* in the Edo Period (PI: Dr Hui Kin Yip, FDS, HK\$549,570)
- ❖ The Imagination and Literary Practice of a “Third World” Hong Kong: The Introduction and Appropriation of the Latin American Literature in the 1970s Hong Kong (PI: Dr Wong Ka Ki, FDS, HK\$624,320)

RESEARCH GRANT PROPOSALS

- ❖ IDS-C proposal: Human resilience, life adversity, and adaptation to life course transitions from early adulthood to late Middle Adulthood (Resilience and Well-being cluster) (PIs: Prof Catherine Tang & Dr Jason Chow, HK\$4,677,005)
- ❖ FDS proposal: How does attention-attracting relate to intrusiveness-perception? Exploring the effect of AI application in online advertising (Consumer Behaviour and Decision-Making cluster) (PI: Dr Monica Law, HK\$1,063,016)
- ❖ FDS proposal: Emotional resilience in death anxiety: A mixed method investigation into emotion regulation and mental health outcomes among older adults (Demographic and Aging Societies cluster) (PIs: Dr Winnie Yuen & Prof Catherine Tang, HK\$1,068,834)
- ❖ JC charity trust foundation: Emotion world: Enhancing middle primary school students' emotional competence via a holistic, integrative, gamified platform (Family and Child Development cluster) (PIs: Prof Catherine Tang & Dr Jason Chow, HK\$13,575,800)
- ❖ HMRF proposal: Toward healthy menopause: A discrete choice experiment to develop interdisciplinary tele health service for Hong Kong Midlife women (Community Health & Primary Care cluster) (PIs: Dr BoBo Lau & Dr William Wong, HK\$413,000)



PUBLICATIONS

Refereed Journal Articles

- ❖ Chan, CY, Lee, AM, Chung, KF, Koh, YW, Lam, SK, Lee, CP, Leung, KY, & Tang, CSK (2021). Hypomanic symptoms in early pregnancy: prevalence and associated factors. *Archives of Women's Mental Health*, 24(3), 463-471.
- ❖ Chow, TS., Tang, CSK., Siu, TSU., & Kwok, HSH. (2022). Family Resilience Scale Short Form (FRS16): Validation in the US and Chinese samples. *Frontiers in Psychiatry*, 13. <https://doi.org/10.3389/fpsyt.2022.845803>
- ❖ Chow, T S., Hui, CM., & Siu, T SU. (2022). "It is my choice to control myself!": Testing the mediating roles of expectancy and value in the association between perceived choice and self-control success. *Frontiers in Psychology*, 1587. <https://doi.org/10.3389/fpsyg.2022.851964>
- ❖ Cui, X., Zhou, Q., Lowry, PB., & Wang, Y. (2022). Do Enterprise Systems Necessarily Lead to Innovation? Identifying the Missing Links with A Moderated Mediation Model. *Pacific Asia Journal of the Association for Information Systems*, 14(1), 74-104.
- ❖ Gan, KQ, & Tang, CSK (2022). Sibling violence and psychological adjustment: the role of maladaptive coping and maternal authoritativeness. *Journal of Interpersonal Violence*, 37 (1-2), NP526-NP, 550.
- ❖ Lam, G. (2022). Problems encountered by elders in residential care services in Hong Kong. *Asian Education and Development Studies*, 11 (1), 106-117. <https://doi.org/10.1108/AEDS-09-2019-0158>
- ❖ Lau, BHP., Yuen, S., Yue, RPH, & Grepin, KA. (Accepted). Understanding the Societal Factors of Vaccine Acceptance and Hesitancy: Evidence from Hong Kong. *Public Health*.
- ❖ Lei, Y., Zhou, Q., Ren, J., & Cui, X. (2021). From "Personal" to "Interpersonal": A Multilevel Approach to Uncovering the Relationship between Job Satisfaction and Knowledge Sharing among IT Professionals. *Journal of Knowledge Management* (Accepted).
- ❖ Lei, Y., Zhou, Q., Cheung, W., Cui, X. & Peng, L. (2021). Market reaction to the announcement of online sales channel investment in enterprises: Evidence from a relatively stable market environment. *Electronic Commerce Research* (Accepted).
- ❖ Lau, PYF. (2021). Bereavement and Loss. In D. Gu and M. Dupre (Eds.), *Encyclopaedia of Gerontology and Population Aging* (pp.637-643). Springer, Cham.
- ❖ Tang, CSK, Gan, Y, Ko, J, Kwon, J, Wu, A, Yan, E, & Yogo, M (2021). The associations among emotional factors, personality traits, and addiction-like eating: A study on university students in six Asian countries/regions. *International Journal of Eating Disorders*, 54(2), 125-131
- ❖ Zhou, DHR. (In Press). Continuous Pursuit of the Highest Level of Excellence in Knowledge Construction. *Journal of Indigenous Counselling Psychology*.

CONFERENCE PAPERS/PRESENTATIONS

- ❖ Lam, G. (2021). “Conundrum faced by Elders in Residential Care Services in Hong Kong,” Paper presented (online) at the 5th Asian Population Association Conference, held by Asian Population Association, held in Jakarta, Indonesia, Aug. 3-5, 2021.
- ❖ Lam, G. (2022). “Do community care services play a complementary role to residential care services for the elderly in Hong Kong?” Paper presented (online) at the Hong Kong Sociological Association 22nd Annual Meeting, held by Hong Kong Sociological Association, The Hong Kong Polytechnic University, January 8, 2022.
- ❖ Lam, G. (2022). “The evaluation of community care services in Hong Kong” Paper presented (online) at the CPCE Health Conference 2022 “Long-term Care: Financing and Service Delivery in Asia-Pacific”, held by Centre for Ageing and Healthcare Management Research, The Hong Kong Polytechnic University, January 10, 2022.
- ❖ Zhou, DH. (2021, March) Connecting Hong Kong Local Students with Mainland Chinese Students Through Experiential Learning of Expressive Arts Groups. In Yuan, Y. M. C., Tsui, C. P. , Zhou, D. H. Symposium session: ‘Geopolitics and inclusive higher education policy: Lessons from campus conflicts in 2019’ In CESHK 2021 Online Conference: Geopolitics of Knowledge March 12-13th, 2021 organized by Comparative Education Society of Hong Kong.
- ❖ Zhou, DHR. (2021, June). Case Studies of Narrative Vocational Counselling service to High Functioning Youth with Psychosis. Promoting One Health in a Challenging Era Virtual Conference, Hong Kong: City University of Hong Kong.
- ❖ Zhou, DHR., Chui, Y. H. , Chiu, Y. L. , Choi, Y. Y. , Lau, B. S.Y. , Lau, K. S. , Poon, Y. C. M., Chu, M., Choi, W. S. , Lam, W. Y. (2021, December). On Vocation and Recovery for Youth with Mental Health Issues in Hong Kong. HKERA-APERA International Conference 2021. Connectivity, Inclusivity and Sustainability: Generating changes and creating impacts (9th-11th, Dec. 2021). Hong Kong: Chinese University of Hong Kong.

Non-Refereed Articles

- ❖ 容蔡美碧，劉喜寶，沈毅延。(2022). 以科技協助金齡照顧高齡：疫情中的契機。群策智齡》
<https://bit.ly/3Myo9db>
- ❖ 郭倩衡(2022)。〈專家分析：建立健康的人際關係〉。載於香港心理學會輔導心理學部(主編)《青春的歷練—20 個青少年成長的心理挑戰》(頁 22-28)。萬里機構。
- ❖ 林之 (1.11.2021). 【樹仁手記】長者憂受不了 打疫苗仍猶豫. 文匯報 A21
<https://www.wenweipo.com/a/202111/01/AP617efe51e4b0c0f6bc92cfb4.html>

RESEARCH SEMINARS

CO-ORGANIZED WITH THE GRADUATE SCHOOL, HKSYU

- ❖ Meeting the ever-changing demands for research and professional practices – Roadshow of research clusters at the CIEBPR, September 2021, Professor Catherine Tang, HKSYU
- ❖ Resilience and Mental Health of Chinese Male Caregivers of Cancer Survivors, October 2021, Professor Nelson Yeung, CUHK
- ❖ Understanding the Societal Factors of Vaccine Acceptance and Hesitancy: Evidence from Hong Kong, December 2021, Dr Samson Yuen, HK Baptist University
- ❖ Understanding the experience of parents raising a child with autism spectrum disorder (ASD) in different life stages, January 2022, Dr Gary Lam, CUHK
- ❖ Disaster and Social Work of Hope: the story of Yingxiu mothers in 2008 Wenchuan "5.12 earthquake, February 2022, Dr Ben Ku, Hong Kong Polytechnic University
- ❖ How Linguistic Framing Influences Responses to Crowdfunding Appeals, March 2022, Dr Lei Su, Hong Kong Baptist University
- ❖ Productive engagement in later life: A person-centred approach, April 2022, Dr Grand Cheng, National University of Singapore
- ❖ Digital technology and evolving narrative practice, May 2022, Dr Chitat Chan, Hong Kong Polytechnic University
- ❖ Distant Reading, Digital Humanities, and Literary Studies, June 2022, Dr Jing Chan, Hong Kong Polytechnic University

RESEARCH WORKSHOP

CO-ORGANIZED WITH THE DEPARTMENT OF CHINESE LANGUAGE AND LITERATURE, HKSYU

- ❖ Digital Humanities and Chinese Literature Studies, January 2022

Summer Research Internship for Students

Four undergraduate students are placed in the Centre for summer research internship under the supervision of research mentors from June to August 2022.

Research Mentors

- Professor Catherine So-kum Tang, Associate Academic Vice President (Graduate School), Distinguished Professor of Psychology, Department of Counselling & Psychology, HKSYU
- Dr Bobo Lau Hi-po, Assistant Professor, Department of Counselling & Psychology, HKSYU
- Dr. Ruth De-Hui Zhou, Associate Professor, Department of Counselling and Psychology, HKSYU
- Dr William Wong Chi-wai, Clinical Associate Professor & Chief of Research, Department of Family Medicine and Primary Care, HKU

Research Projects

- (1) Women's health, especially adjustment to menopausal physiological and psychological changes
- (2) Golden age health, especially adjustment to cognitive, physical and mental changes
- (3) Resilience and life adversities
- (4) Caregiver burden of special needs children, especially evaluating outcomes of intervention
- (5) Addictive behaviours

Research Internship Activities

- Observation of mentors in action
- Research participation and training with research mentors
- Participation and attendance to research meetings as well as research seminars/conferences
- First-hand experience on data collection using surveys, field work, interviews, focus groups
- Learning and practicing data processing and preliminary data analysis
- Formulation of thesis/independent study projects with research mentors



GOLDEN AGE EXPO & SUMMIT

The Centre, the Department of Counselling and Psychology, and the Graduate School jointly participated in the Golden Age Expo & Summit 2021 from 27 to 29 August 2021 in the Hong Kong Convention & Exhibition Centre. Over 1000 participants visited the booth and took part in the research activities.



Public Sharing and Media Communications



Radio HK Interview: 24 November 2021
Prof Catherine Tang on Stress & Women's Health

<https://www.rthk.hk/radio/pth/programme/xinzijingguangchang/episode/785466>



Radio HK Interview: 29 May 2022

Dr Bobo Lau on Survey Results of Quality of Life of the Elderly during COVID-19 pandemic

<https://www.rthk.hk/radio/pth/programme/xinzijingguangchang/episode/816607>



Radio HK Interview: 12 May 2022

Ms Helen Kwok on International Spank Day

<https://www.rthk.hk/radio/pth/programme/xinzijingguangchang/episode/815264>

Public Sharing

Kwok, H.S.H. (2022, April 7) Sharing session on positive parenting and education [Speaker]; Good Shepherd Sisters (Macau).

Kwok, H.S.H. (2022, May 26) Sharing and consultation session on child protection and child residential care and related services. [Speaker]; Hong Kong Professionals and Senior Executives Association.



Publicity



RESEARCH CLUSTERS

Adjustment to Life Adversities
Community Health and Primary Care
Comparative Gender Research
Consumer Behaviour and Decision-Making
Demography and Aging Societies
Digital Humanities
Digital Practice
Family and Child Development
Resilience and Well-being

研究專項

逆境與適應
社區健康與基層醫療
比較性別研究
消費者行為與決策
人口學與老化社會
數位人文
數碼科技與實務應用
家庭和兒童發展
抗逆力與身心健康

Hong Kong Shue Yan University

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尹周玉芬跨學科循証實踐及研究中心



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光大抗癮基金：逆風飛翔 疫後家庭支援計劃

計劃目的：
本計劃旨在透過四個主題系列-「出社區、看國家、觸心靈、生技能」，為有需要家庭提供適切的身心支援服務。

對象：
基層/單親家庭優先參加

項目內容：

出社區
【逆境親職教育家長學堂】
透過8大主題內容，涵蓋兒童心理、親職管教技巧、衝突處理等內容

生技能
【技能培訓課程】
透過多元小組活動，提供興趣和技能培訓課程

看國家
【名人專題講座】
透過邀請名人或專業人士提供主題式講座，多角度了解國家文化和經濟狀況

觸心靈
【身心支援輔導】
為有需要人士，提供身心支援輔導服務，設親子遊戲工作坊及遊戲推廣

計劃成果總結 (2022年10月)
透過展板及展覽等分享活動成果；更會邀請合適家庭或人士屆時上台分享體會及得著



香港樹仁大學 尹周玉芬跨學科循証實踐及研究中心 親職PS：父母充電站 研究計劃

本中心現正進行一項有關照顧有特殊需要兒童的研究計劃，旨在探討家長在照顧有特殊需要兒童的負擔和倦怠的因素，以進一步改善家長的支援服務。

參加計劃的家長將有機會參與

- 1) 「有效親職系統訓練」
(Systematic Training for Effective Parenting, STEP) 或
- 2) 「親子關係治療」家長小組
(Child-Parent Relationship Therapy, CPRT)

本計劃主要希望幫助需要照顧有特殊需要兒童(如過度活躍症、自閉症、學習障礙、肢體殘疾等)(5至11歲)之家長，透過家長小組(每節約有10名家長參與)形式，讓他們學習各種管教技巧及親子溝通方法以更有效照顧子女，小組將由註冊心理輔導員或註冊輔導心理學家帶領，諮詢及督導將由資深註冊遊戲治療督導及註冊臨床督導提供。

完成整個研究 (包括共七節小組訓練及三輪跟進問卷)，
參加計劃的家長將獲贈價值
港幣HK\$600超市現金券

報名詳情